

Welcome to Child Care
Services
Snuggly Bugs
Room 2016 -2017



Bumble
Bees

Beautiful
Butterflies



Curly
Caterpillars

University of
South Wales
Prifysgol
De Cymru

Introduction



The Snuggly bug staff feel the most important role for them is to offer love, comfort and security for all babies in their care. The room is homely, friendly and visually attractive with a variety of educational toys available for the children to play with. Each child is provided with individual attention through staff cuddling, feeding, changing and playing with your child.

The Nursery is following the **Birth to Three Matters** which is a framework of learning specifically designed for the under three's. It is split into four areas these are:-

A Strong Child, A Healthy Child, A Competent Learner & A Skilful Communicator

We are also taking part in the **Healthy Sustainable Pre-school Scheme** which is a Welsh government initiative

The children's activities will be chosen to ensure that all area's of these schemes are covered to enhance your child's overall development.



If you would like to know more about this please feel free to speak to your child's Keyworker or the Team Leader who can provide you with more information. If you would like to contribute to the termly activities please give your suggestions to your child's Keyworker or pop it in the suggestion box.

Aims And Objectives



Aims:



To meet the individual needs of the child offering love, security and affection



To provide a range of stimulating activities



To provide a friendly, homely and safe place for your child to play.



To ensure we encourage parental involvement

Objectives:



Each child receives individual attention to ensure they feel, comfortable, loved and stimulated within the Snuggly Bugs room.



Operating a keyworker system to encourage language, development and stimulation. Working as a strong team to ensure high standards of childcare at all times



Ensure the environment is safe through regular risk assessments



Keep up to date on each child's developmental achievements and receive input from parents



Ensure parents feel at ease through daily feedback via conversation and communication diaries.





Snuggly Bugs Keyworker System.



At the Playcentre we have found that the Keyworker system has proved to be a very valuable way of ensuring a high quality of care for the children who attend our nursery. The Keyworker system operates in the Snuggly Bug room by each member of staff working on a one to three ratio with the children.

Each Keyworker provides care for your child and a range of stimulating activities monitoring the children's development. She is able to complete each child's profile book accurately because she genuinely knows your child and spends quality time with them throughout the day. The Snuggly Bugs staff encourage parental input and encourage them to look at their child's profile book.

We have a positive play board and booklet that encourages the use of "kind hands" through staff reinforcing positive body language and a calm gentle voice.

The Snuggly Bugs staff work as an excellent team ensuring they liaise with each other to feedback important information about their individual Keyworker children .





Keyworker Staff:



There are three members of staff on a daily basis caring for nine children in the Snuggly Bugs room they are:-



Taryn Thomas: NNEB Nursery Nurse, QCF CCE Management Level 5 is the Team Leader for the room and Keyworker for the Bumble Bee Group.



Cath Burrows
CACHE Nursery Nurse, QCF CCE Advanced Practitioner Level 5. will be the Keyworker for the Curly Caterpillar Group



Sara Burrows
CACHE/QCF Level 3 Nursery Nurse and is the Keyworker's for the Beautiful Butterfly Group



Rebecca Jones:-CACHE /QCF Level 3 Nursery Nurse will be the Keyworker for Butterfly and Caterpillar Group



Keyworker Activities

The Key worker's within the Snuggly Bugs room will ensure that your babies' basic needs are met first and foremost. When the babies are content and settled the following activities are introduced to promote the babies well-being and development.

The nursery follows the Birth to Three Matters framework which the activities are taken from.

In addition to the activities we will also have a music session each day using various styles of Music Cd's along with other Nursery Rhymes and Songs for your child to enjoy. As part of the daily routine we will be carrying out basic language sound activities to encourage early language.

The setting has completed the Healthy and Sustainable Pre School Scheme, as part of the scheme the children will enjoy various initiatives such as Busy feet, Adventures in Foodland & Food Fun and Active play for Tiny Tots.

Sensory
Activities

Natural Materials
Play

Outdoor
Activities

Music
Time



Soft
Play

Block
Play

Song &
Rhyme
Time

Art & Craft
Activities



Outdoor Play

At the nursery we have a separate baby garden. From the Autumn term this will be accessed through new patio doors. This will lead out onto a decked area. The babies can enjoy being outside in a safe and secure area. This has play mats, variety of toys, mobiles, wind chimes all for the babies to enjoy and explore. It will also have a variety of different sensory activities for the babies to explore.

Forest School Area:

Situated behind the Playcentre we have a woodland area that has been designed for the children to see nature at first hand. Which the babies will also be able to experience when on outings.

Childcare students at the Playcentre:

At the Playcentre we train CACHE Nursery Nurse students from local colleges. The students are very helpful and trustworthy. However they are never allowed to be left on their own with the children as they are not qualified and not part of our staffing ratio's

When your Child attends the Playcentre

Please provide appropriate clothing for your child.

- Summer months- sun hat & sun cream.
- * Winter months- Jacket, hat & gloves

Please check your child's individual pocket daily, for information, etc

When you bring your child into the room can you please remove your shoes or place blue covers on them just outside the door.

As part of the HSPSS scheme we discourage the use of dummies throughout the day but will be given to your child if unsettled or needed for sleep – see Nutrition Policy

Please help staff by gathering your child's belongings before collecting him / her from the room

In the interest of Health & Safety no home made food can be reheated at the Playcentre.. Therefore any jars or packets must be unopened or sealed

Please label all of your child's belongings and provide a change of clothes on a daily basis. A separate drawstring bag should be provided by parents to put any soiled or dirty clothes into.

Please provide labelled nappies, cream, wipes or cotton wool and ensure they are regularly replaced

If you need to bring a bag for your child please provide a small child's rucksack

The Snuggly Bugs staff want to encourage your family to be fully involved while your child attends the Playcentre. If your child has a sibling or friend in the nursery the child will have the opportunity to visit their room throughout the day. If you have any questions or suggestions please speak to your child's Keyworker or the Team Leader. We would like you to feel safe in the knowledge that -

"We will love, while your child learns"



Our Weaning Menu

We cater for all the babies and children's nutritional needs . We provide a main menu (see main booklet) and a weaning menu please see below. If you require the weaning menu for your child please speak to a member of staff.

Breakfast

A choice from:- Baby porridge or pureed fruit.

Lunch

Cauliflower & Broccoli Puree

Potato & Swede Mash

Courgette, Green Bean & Pea Puree

Carrot & Parsnip Puree

Sweet Potato & Spinach Mash

Dessert

Yogurt

Apple or pear pureed fruit

Teatime

A choice from:- Pureed vegetables (as lunch menu)

Apple or pear pureed fruit.

From the age of six months we encourage free flow beakers to be used for
Drinking water through the day



Bottle Feeding:-

We are able to make up fresh bottles for your baby throughout the day when needed. For us to do this the following points must be followed:-

**All parents are to provide enough sterilised bottles for the day with the appropriate amount of milk powder in a small separate container. Please inform staff/write in your child's daily diary of how much powder is in the container, also, if the amount changes for any reason.*

**All bottles and powder containers are to be clearly labelled with your child's name and placed in their box in the fridge/shelf.*

Staff members will add the water as and when needed throughout the day .

If you prefer to use the ready made milk you are welcome to do so.

Breast Feeding:-

We welcome and encourage Breastfeeding throughout the Playcentre and are members of the Breastfeeding welcome scheme.

If you are breast feeding and would like privacy we have an area within the Cot Room which has a chair and pillows for you to use.



Eatwell Guide

Use the Eatwell Guide to help you get a balance of healthier and more sustainable food. It shows how much of what you eat overall should come from each food group.

Each serving (150g) contains

Energy 1000kJ 250kcal	Fat LOW	Saturated LOW	Sugar HIGH	Salt MED
13%	4%	7%	38%	15%

Typical values (as sold) per 100g: 671kJ/161kcal
of an adult's reference intake
Choose foods lower in fat, salt and sugars



Eat less often and in small amounts

Per day 2000kcal 2500kcal = ALL FOOD + ALL DRINKS

Dummy use:



At the Playcentre our policy is to discourage dummies throughout the day unless the child is very distraught. Please see our dummy bag and policy.

A dummy can be useful as a comforter for babies and young children.

However, prolonged use will cause the dummy to become a habit throughout the day and night, rather than a comforter at times of distress.

Prolonged use of a dummy can cause:

- Dental problems which can be hard to correct such as protruding front teeth or an open-bite with an obvious gap between the top and bottom teeth which can cause a lisp.

- A risk of ear infections, caused by a dirty dummy, which can have a negative impact upon the child's speech and language development.

- The tongue from moving freely around the mouth and forming speech sounds correctly.

- A lack of strong mouth muscles to develop speech.

Please help the staff by taking your child's dummy home or placing your child's dummy into their room pocket at the beginning of the day.





SNUGGLY BUGS CHILDREN'S ROUTINE.

7:45	PLAYTIME/FREE PLAY
9:00	BREAKFAST
10:00	ACTIVITY TIME
10:30	CHANGING
11:15	PHYSICAL PLAY/OUTSIDE PLAY
11:45	LUNCH TIME
12:30	PLAY TIME/SLEEP TIME
1:15	TUMMY TIME & CHANGING
2:00	ACTIVITY TIME
2:45	SONG TIME/MUSIC TIME/SOUND BOOK
3:00	TEA TIME
3:15	PHYSICAL PLAY/OUTSIDE PLAY
3:45	MUSIC TIME
4:00	CHANGING
4:45	TIDY UP TIME
5:00	FREE PLAY (with toddlers)
5:30	SNACK TIME/SONG TIME
6:00	NURSERY CLOSES

